

FEBRUARY 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Primary Strength: Squat Clean	2
		Nutrition Challenge Reduce Sugar Intake			<input type="checkbox"/>	<input type="checkbox"/>
3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 Partner WOD <input type="checkbox"/>	6 Primary Strength: Squat Clean <input type="checkbox"/>	7 Skill: Toes to Bar <input type="checkbox"/>	8 Second Strength: Jerks <input type="checkbox"/>	9 Diablo Ski Weekend - Heavenly <input type="checkbox"/>
10 Diablo Ski Weekend - Heavenly <input type="checkbox"/>	11 Skill: T2B WOD <input type="checkbox"/>	12 <input type="checkbox"/>	13 Primary Strength: Squat Clean <input type="checkbox"/>	14 Partner WOD Dry Caveman Ends <input type="checkbox"/>	15 Second Strength: Jerks <input type="checkbox"/>	16 <input type="checkbox"/>
17 <input type="checkbox"/>	18 <input type="checkbox"/>	19 Skill: Toes-to-Bar <input type="checkbox"/>	20 Primary Strength: Squat Clean <input type="checkbox"/>	21 2019 CFG OPEN! Announcement Second Strength: Jerks <input type="checkbox"/>	22 Friday Night Lights 19.1 <input type="checkbox"/>	23 <input type="checkbox"/>
24 <input type="checkbox"/>	25 <input type="checkbox"/>	26 Second Strength: Jerk Test <input type="checkbox"/>	27 Primary Strength: Squat Clean Test <input type="checkbox"/>	28 OPEN 19.2 Announcement <input type="checkbox"/>		