

THORNE

We understand a lot is happening in the world today that stresses our systems psychologically and physically – particularly our immune system. A fully functioning immune system is an important component of long-term wellness.



- **Quercetin Phytosome** – *optimally absorbed form of quercetin for respiratory tract health**
 - Quercetin supports a balanced and normal inflammatory response throughout the respiratory tract.*
 - As an antioxidant, quercetin can help prevent the damage to the body's tissues that can be caused by oxidative stress from an illness.*
 - Quercetin helps slow down the release of histamine – too much can cause allergy-like symptoms – from a certain type of white blood cell called mast cells.*



- **NAC** – *N-acetylcysteine for respiratory support**
 - NAC can support respiratory health by optimizing the viscosity or thickness of mucus secretions.*
 - NAC is known for its significant antioxidant activity by increasing glutathione levels (an important antioxidant produced in the body).* This antioxidant activity can help protect the lungs and other organs during times of physical stress.*
 - NAC benefits the immune response by supporting T-cell formation.*



- **D-5000** – *Supports healthy immune function**
 - Vitamin D protects a number of important functions in the body.* Although known for its support of healthy bones and muscles, vitamin D also supports healthy immune function.* Vitamin D can modulate the innate and adaptive immune responses.*
 - Research suggests serum vitamin D levels should be in the range of 32-80 ng/mL of 25-hydroxyvitamin D, which is often difficult to achieve, especially during winter months. While achieving and maintaining this level depends on many factors and varies from person to person, taking D-5,000 regularly can help maintain optimal levels of vitamin D in healthy individuals.*

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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- **FloraSport 20B** – *A unique probiotic blend that provides digestive and immune support**
 - FloraSport 20B contains 20 billion active cultures per capsule and provides support for individuals who have high demands on their digestive tract, respiratory tract, or their immune system due to chronic stress.*
 - FloraSport 20B is a superior blend of freeze-dried *Lactobacillus paracasei*, *Lactobacillus acidophilus*, and two strains of *Bifidobacterium lactis*.
 - *Lactobacillus acidophilus* has been shown to support healthy respiratory function in children.* The two strains of *Bifidobacterium lactis* in this formula have each been shown to promote healthy upper respiratory tract function in adults.*



- **Zinc Picolinate** – *containing 30 mg per capsule of a well-absorbed form of zinc*
 - Zinc is the most essential mineral for immune support.*
 - Zinc is essential for activating T-lymphocytes.*
 - A study of immune function in the elderly found that even a marginal zinc deficiency in this population impacts immune function.*



- **Vitamin C with Flavonoids** – *a synergistic blend of ascorbic acid with citrus flavonoids from oranges*
 - Vitamin C is well known for its numerous immune supportive benefits.*
 - Combined with bioflavonoids – the way they are found in nature
 - Both vitamin C and flavonoids are antioxidants to help prevent the damage to the body's tissues that can be caused by oxidative stress from an illness.*
 - Vitamin C supports connective tissue repair, which provides benefit for wound healing and post-surgery recovery.*

**These supplements are not intended to prevent or treat Covid-19.
They are intended to support your immune function and general resilience.**

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